

## What We (TFC) Do Differently

- Individualised treatment planning
- Careful monitoring and adjustment
- Clear explanations at every stage
- Ethical decision-making focused on safety and outcomes

**IVF can feel complex, but you don't have to navigate it alone. Speak with our fertility team to understand whether IVF is right for you.**

**Call or WhatsApp to Book Your Consultation**  
**Appointments Available by Scheduling**

The Fertility Centrum  
13 Nii Aku Ashong Street, Adjiringanor,  
East Legon. Accra, Ghana

📞 0505318936 / 0302517346  
✉ info@thefertilitycentrum.com  
🌐 thefertilitycentrum.com

   The Fertility Centrum

## Understanding IVF: A Clear and Honest Guide



[www.thefertilitycentrum.com](http://www.thefertilitycentrum.com)



## What IVF Really Is

In Vitro Fertilization (IVF) is a treatment that helps increase the chances of pregnancy by assisting fertilization and early embryo development in a controlled environment. IVF does not guarantee pregnancy, but it allows fertility specialists to carefully support each step of the process.



## Who May Benefit from IVF

IVF may be recommended when:

- Other fertility treatments have not worked
- Fallopian tubes are blocked or damaged
- There is moderate to severe male factor infertility
- Egg quantity or quality is reduced
- Fertility has declined with age

## IVF Is a Process, Not a Single Event

Every IVF cycle involves several decision points. Some cycles progress fully to embryo transfer, while others may stop earlier if the body or embryos do not respond as expected. This is part of safe and responsible fertility care.

### IVF Step by Step

1. **Ovarian Stimulation**  
Medications help the ovaries produce multiple eggs. Dosages are adjusted based on how your body responds.
2. **Egg Retrieval**  
Eggs are collected using a minor procedure guided by ultrasound.
3. **Fertilization & Embryo Development**  
Eggs and sperm are combined in the laboratory. Not all eggs will fertilize, and not all embryos will continue to develop.
4. **Embryo Transfer or Freezing**  
Depending on embryo development and uterine readiness, embryos may be transferred or frozen for later use.

### Important Factors That Affect IVF Success

- Age and egg quality
- Sperm quality
- Uterine health
- Overall health and lifestyle
- Response to medications

IVF outcomes vary from person to person.

### A Simple IVF Timeline

- Preparation & testing: 1–2 weeks
- Stimulation & monitoring: 10–14 days
- Egg retrieval & embryo development: 5–6 days
- Embryo transfer or freezing: varies